For Office Use Only
Date: Check #: Amount Rec'd:

RAGGED MOUNTAIN SKI TEAM

Membership Application 2016-2017

One form per applicant

Athlete Name:	
Email:	

Parent's Name _____ Alpine Official? Yes No

E-Mail Address _____Cell Phone ( ) _____

Parent's Name _____ Alpine Official? Yes No

E-Mail Address _____Cell Phone ( ) _____

Mailing Address_____ Home Phone ( ) _____

_____

In Case of Emergency contact: _____ Phone# _____
Please list any *additional* emails that wish to receive team information and updates: _____
_____
_____

Date of Birth	Program:	Group:	USSA#:	Fees:

Group Information

Group Name	Year Of Birth	Age by 12/31, 2016
U21/U19/U16 (scored athletes)	2002 and earlier	14-20
U14	2004, 2003	12-13
U12	2006, 2005	10-11
U10	2008, 2007	8-9
Group Name	Age by 12/31, 2016	Prerequisite Ability*
Development Team	7-12	Intermediate
Mini Mountain Meisters	6	Intermediate

**Must be able to ride chairlifts unattended by an adult, and be able to ski most groomed blue and some black terrain.*

Participation may be limited due to coaching constraints and group sizes. Availability of any group is not guaranteed and is limited to a first-come, first-served basis. Every effort possible will be made to accommodate all interested athletes. The Program Director reserves the right to refund the program fee or make other suitable arrangements, if a skier is unable to fit within the offered program.

Program Fees and Parent Volunteer Commitments

Program	Training	Race Participation	Program Fee Before 10/31/15	Program Fee After 10/31/15	Volunteer Days *per athlete*
U21/19/16*	Saturday/Sunday 8:30AM-2:00PM	Yes	$850**	$1050	3
U14/12/10*	Saturday/Sunday 8:30AM-2:00PM	Yes	$750**	$900	3
Development Team	Saturdays(12 weeks) 9am-2pm	Optional	$499**	$649	2
Mini Mountain Meisters	Saturdays(10 weeks) 9am-12pm	No	$399**	$549	1

*USSA & NHARA Membership required for these programs
**All programs include a Ragged Mountain Resort NASTAR Pass

Program fees include coaching during training sessions and at normally scheduled state sanctioned races. **Program fees do not include athlete equipment, required helmet, race entry fees, lift tickets or a Ragged Mountain Resort season pass (required for all athletes).** Special camps, projects, out-of-state or post-season regional, national or international championship races may incur additional coaching and/or travel fees.

If you have not already done so, please contact USSA and NHARA separately for their membership applications. USSA and NHARA Renewals are due before October 15th.

As a condition of joining the Ragged Mountain Ski Team, the undersigned agrees to accepts as a matter of law the dangers inherent in the sport as referred to in RSA 225-A:25 Laws of New Hampshire.

Signed:_____ _____Date:_____
Parent Athlete

Volunteer Program Policy:

Please review carefully as the Volunteer Policy has changed for 2016-2017!

Ski Team volunteers are an important part of the daily operations and race day functions. It takes many hours of work to host race events, which add revenue to the team budget, expose our mountain and programs to other athletes and families, and give our athletes the "home field" advantage.
To help maintain a reasonable cost of annual coaching fees/annual registration, all families are required to provide 3 volunteer days per athlete for race teams, 2 days per development team athletes and one day per Mini-Meisters athlete (family maximum of 6 days). When joining the team, you are not only committing to supporting your own athlete, but also to support the needs of the team on race day.

Family Volunteers:

All families must provide a separate, volunteer commitment deposit check in the amount of $450 per athlete, made payable to: RMST, Inc. Deposit checks will be held (not cashed) in a secure location at the resort until all required commitments are met. Once the required commitments are met, the deposit check will be returned to the family.
Families that do not meet their obligation will forfeit their deposit and their check will be cashed.

Checks declined or cancelled will be subject to a fee of $50 in addition to the volunteer commitment fee of $450 per athlete. Failure to comply with payment or rules may be subjected to collections.

- All families must complete 3 volunteer days, per athlete prior to the end of the 2016-17 team season. (Family cap of 6 days)
- All families must contact the volunteer coordinator to schedule their volunteer work days.
- All volunteers must report to, and sign in, at registration on the day of their assignment.
- All volunteers are responsible for finding their replacement volunteer if they are unable to fulfill their assignment. No-shows on your assigned day will forfeit the volunteer commitment deposit.
- Both parents working one race will count as two volunteer days worked.
- Cancelled races due to weather or other circumstances will be handled on a case-by-case basis. A cancelled race will not nullify a volunteer commitment and a make-up day will be required.
- We recognize that some of our parents have special circumstances. Whether that is being a single parent, a ski school instructor, coach, a non-skier, or other constraints. Please let us know so that we can work with you in order to fulfill this requirement.
- Other volunteer assignments not listed below may be available on a case-by-case basis.
- Appeals may be granted by the General Manager and will follow the Appeals Process, outlined below.

Days worked beyond the requirement will be offered a $50 credit (per additional day completed) for the following year's season pass.

Volunteer Commitment:

Date	Race	Volunteer Name(s)
January 28, 2017	USSA Open SL (scored)	
February 5, 2017	Masters GS	
February 19, 2017	U16 NHARA Men's SL Qualifier	
March 5, 2017	U10 CNH Skills Quest Day	
March 19, 2017	Cote Open U10/U12/U14	

In the above space please indicate your preferred availability to work your required volunteer commitment for the races being hosted by RMST during the 2016-17 ski season at Ragged Mountain Resort. Volunteer assignments are first-come, first served. You must sign-in at race registration on the morning of the event for your assignment to count towards your commitment.

I have read, understand and agree to abide by this Volunteer Program Policy:

Parent or Legal Guardian: (Sign)_____ Date_____

Medical Consent

CONSENT FOR EMERGENCY MEDICAL AID AND TREATMENT

I hereby give consent for my child, _____, to receive emergency medical treatment which may be deemed advisable in the event of injury, accident, or illness during the 2016-17 Ski Season while participating in any Ragged Mountain Ski Team practices, New Hampshire Alpine Racing Association Races, or United States Ski Association Races, as may be deemed necessary, including being admitted to any hospital or medical facility for diagnosis and treatment. I hereby authorize physicians, dentists, and staff, including technicians and nurses, to perform diagnostic and treatment procedures, operative procedures and X-ray treatment of the above named child as they may deem appropriate and necessary in the circumstances. I understand I will be responsible for any charges incurred during the season.

MEDICAL INFORMATION

Known Allergies: _____

Known Medical Issues: _____

Health Insurance & Policy #: _____

Personal Physician: _____Phone #: _____

I understand that, if possible, I will be notified by telephone of any emergency treatment required.

Special Instructions: _____

_____

_____

_____

Parent/Guardian's Signature: _____Date: _____

Child Lives With: _____

Concussion Policy:

Any Ragged Mountain Ski Team (RMST) athlete under the age of 18 years suspected of having sustained a concussion or traumatic head injury must be removed immediately from participation in RMST sporting events (e.g. sanctioned training, practice, camps, competitions or tryouts), by the Alpine Director or RMST member coach overseeing such sporting event. The minor athlete will be prohibited from further participation until evaluated and cleared in writing to resume participation in RMST sporting events by a qualified health care provider trained in the evaluation and management of concussive head injuries. The health care professional must certify to RMST in the clearance letter that he/she has successfully completed a continuing education course in the evaluation and management of concussive head injuries within three years of the day on which the written statement is made. Upon removal of a minor athlete from participation for a suspected concussion or traumatic head injury, the member coach making the removal must inform the Alpine Director of Competition Services. Athletes who have subsequently been medically cleared to resume participation must provide such medical clearance (as described above) to the RMST Alpine Director in order to be permitted to participate in RMST sporting events.

About Concussion:
A concussion is a type of traumatic brain injury (TBI) caused by a bump, blow, or jolt to the head. Concussions can also occur from a fall or a blow to the body that causes the head and brain to move quickly back and forth. Doctors may describe a concussion as a "mild" brain injury because concussions are usually not life-threatening. Even so, their effects can be serious.

Risk of Continued Participation:
A repeat concussion that occurs before the brain recovers from the first-usually within a short period of time (hours, days, or weeks)-can slow recovery or increase the likelihood of having long-term problems. In rare cases, repeat concussions can result in edema (brain swelling), permanent brain damage, and even death.

RMST recommends that all Members review the Center for Disease Control's resources on concussion awareness at the following link:
http://www.cdc.gov/concussion/HeadsUp/online_training.html

I have read, understand and agree to abide by this Concussion Policy:

Athlete: _____

Parent or Legal Guardian: (Print)_____ (Signature)_____ Date_____

Ragged Mountain Ski Team
Helmet Policy (Helmets must have printed FIS Sticker for U14 and above)

In an effort to reduce the risk of traumatic head injuries including concussions, **all RMST athletes must wear a USSA approved for competition helmet at all times during all activities related to RMST.** This includes but is not limited to competitions, training, directed or un-directed free skiing, coaching, camps, tryouts or sanctioned events. If you are unsure whether or not your current helmet meets the specifications, please consult your coach or the Alpine Director.

> *USSA Helmet Rule:*
> *Helmets designed and manufactured for the particular discipline of ski racing being contested are required for all competitors and forerunners in all USSA events and official training. Helmets must bear a CE mark and conform to recognized and appropriate standards such as CEH.Din 1077, ASTM F2040, SNELL S98 or RS98.*

Helmets must cover the head and ears. Helmets with spoilers or edges that stick out are not permitted. Protective features integral to the discipline being contested, such as chin (teeth) guards on slalom helmets are permitted. Soft ear protection is only permitted for helmets used in slalom.
USSA does not specify nor recommend nor make any warranties as to the fitness for use of any particular ski helmet design or brand name. USSA undertakes no responsibility, liability, or duties to any competitor in connection with the requirement that helmets be utilized. It is the sole responsibility of the competitor to select an appropriate helmet for accident prevention in ski racing.
Caution: Age and use affect the protective qualities of all safety helmets. Some older helmets and any helmets that have been damaged either in a fall or from other impact may no longer provide sufficient protection- even if there are no visible indications of damage.

I have read, understand and agree to abide by this Helmet Policy:

Athlete: _____

Parent or Legal Guardian: (Print)_____ (Signature)_____ Date_____

Ragged Mountain Ski Team
Drug and Alcohol Policy

Ragged Mountain Ski Team is concerned for the safety and welfare of its athletes, coaches and staff. Therefore all members of the RMST are prohibited from using or carrying drugs (Marijuana/THC, Cocaine, Opiates, Phencyclidine, Amphetamines or any other Banned Narcotics) and alcohol except as permitted by law or medical prescription. In the case of medical prescription, athletes must provide the RMST Program Director with a written statement from their doctor detailing the medication in use and its effects on the individual.
To ensure compliance with these rules, this policy for alcohol and drug use testing is established. The policy applies year-round to athlete members when involved in the dryland and ski training programs of the RMST, at or away from the team facilities, including travel, lodging and any other activity of athletes and staff while at other resorts. RMST will comply with all applicable governmental or judicial requirements. Failure to observe this policy may result in sanctions up to and including dismissal from the team and its activities.

I have read, understand and agree to abide by this Drug and Alcohol Policy:

Athlete: _____

Parent or Legal Guardian: (Print)_____ (Signature)_____ Date_____

Ragged Mountain Ski Team
Athlete Responsibilities:

Every participating athlete of the Ragged Mountain Ski Team (RMST) agrees to:
1. Follow and uphold the rules and code of conduct set forth by the RMST, the ski area(s), the USSA, and attending school policies.
2. Understand that participation with the RMST is a privilege. This means that any athlete may be a member of the Ragged Mountain Ski Team only on the condition that she/he fulfills the program requirements, and abides by the rules and the principles of the group. A privilege can be revoked as soon as a member fails to maintain his or her part of the “contract” acknowledged at the time of registration.
3. Conduct her / him with the highest level of integrity. This reflects the professional manner that our program and all enrolled athletes will work to achieve.
4. Show respect and support to teammates and staff and to others property.
5. Be on time for scheduled training and meetings.

6. Keep your frustrations and temper in check. Outbursts of profane language will not be tolerated.
7. Observe all safety instructions on the hill and when traveling. Abide at all times by the Skier's Responsibility Code
8. To maintain serious commitment to personal development, as an athlete, as a student and an individual.
9. Rely upon and obey the judgment and direction of the coaches.
10. Read and understand all of the program documents carefully, including the required drug policy and waiver, sign and complete the related forms and waivers and abide by the provisions of these agreements at all times.

All RMST members must obey the rules of any ski area that we travel to, all Ragged Mountain Mountain Resort rules, School rules, RMST Travel rules, and other RMST rules. Each member must realize that they represent not only themselves, but the RMST, Ragged Mountain Resort, its affiliated Sponsors and Corporate Partners and the sport of alpine ski racing. The actions of individual athletes can enhance or severely compromise the image and well being of the RMST.

Ragged Mountain Ski Team Code of Conduct:

Membership in the Ragged Mountain Ski Team (RMST) is a privilege, not a right. All RMST members (including but not limited to: athletes, coaches, officials and parents) when participating in any RMST activity or function, must agree to conduct themselves according to RMST's core values of **Loyalty, Integrity, Respect and Accountability** and abide by the spirit and dictates of this code of conduct. All members must agree to conduct themselves in a sportsmanlike manner, and are responsible for their actions while attending or participating in any RMST activity or function.

Sportsmanlike conduct is defined as, but not limited to: respect for competition officials, resort employees, and the skiing or snowboarding public, respect for facilities, privileges and operating procedures, the use of courtesy and good manners, acting responsibly and maturely, refraining from the use of profane or abusive language, and abstinence from illegal or immoderate use of alcohol and use of illegal or banned substances including drugs.

While participating in any RMST activity or function:

1. RMST members shall conduct themselves at all times and in all places as befits worthy representatives of RMST.
2. RMST members are responsible for knowledge of and adherence to resort and competition rules and procedures including the Skier's Code.
3. RMST members shall maintain high standards of moral and ethical conduct, which includes self-control and responsible behavior, consideration for the physical and emotional well-being of others, courtesy and good manners
4. RMST members shall abide by RMST rules, regulations and procedures while traveling to and from and participating in official RMST activities, including but not limited to: competitions, training, camps, functions, and vendor-sponsored events.
5. RMST members shall abstain from illegal or immoderate consumption of alcohol. Absolutely no consumption of alcohol is permitted for those individuals under the age of 21.
6. No RMST member shall commit a criminal act.
7. No RMST member shall engage in any conduct that could be perceived as harassment or bullying based upon gender, age, race, religion or disability.
8. RMST members will avoid profane or abusive language and disruptive behavior.

Failure to comply with any of the above provisions may lead to disciplinary action by the appropriate team or competition leader. Disciplinary action may include:

1. Removal from the activity.

2. Suspension from training, competition, activities or travel.
3. Elimination of coaching, resort privileges and other benefits
4. Forfeiture of membership within the RMST

RMST is committed to principles of fairness, due process and equal opportunity. Members are entitled to be treated fairly and in compliance with the club's bylaws and the resort's rules, regulations and procedures.

Nothing in this Code shall be deemed to restrict the individual freedom of a RMST member in matters not involving activities in which one could not be perceived as representing RMST. In choices of appearance, lifestyle, behavior and speech while not representing RMST, members shall have complete freedom, provided their statements and actions do not adversely affect the name and reputation of RMST, Ragged Mountain Resort and its employees, vendors and affiliates, nor any other member. However, in those events and activities where one is representing RMST, the RMST demands that its members understand and agree to behave in a manner consistent with the best traditions of sportsmanship and RMST's core values.

I have read, understand and agree to abide by this Code of Conduct. I understand that the Code of Conduct may be updated, revised or changed at any time.

Signed _____ Date_____
(Athlete signature)
If you are under the age of 18, an accompanying parent or guardian signature is required.

Parent/Guardian Signed_____ Date_____

Ragged Mountain Ski Team
Rule Violation and Discipline Policy:

Any rule infraction can result in disciplinary action as considered appropriate to the Individual, the intent, and the circumstances, regardless of the following guidelines.

Major Offenses

Definition: Any action that interferes with the health (mental or physical), safety, and/or well being of oneself or others.

- ***Conviction of a misdemeanor or a felony***
- ***Lying***
- ***Stealing***
- ***Bullying***
- ***Use of Illegal Drugs or Alcohol: (****see the RMST Drug & Alcohol Policy).*

Consequences:

Immediate dismissal from the team.

Note: Following proper appeal within 48 hours, and clear, convincing evidence of exculpatory circumstances, a major offense may be reduced to a two week suspension from all team activities, and missing the next available race.

Minor Offenses

Definition: Violation of Any Ragged Mountain Ski Team Rule.

- ***Training Rules***
- ***Lodge Rules***
- ***Travel Rules***
- ***General Rules***
- ***Ski Area Rule***

- ***School Rules***

Consequences:

Minor Offenses are handled by the coaches under the following guidelines:

1st Offense: One week suspension from all team activities / miss next available race

2nd Offense: Three week suspension / miss the next available race

3rd Offense: Indefinite suspension, to be handled as a major offense

Appeals

Discipline / Sanctions imposed by the rules and policies of the Ragged Mountain Ski Team are subject to appeal by the athlete. The Appeals Committee will review, evaluate, and recommend action to be taken, based on case presentation by the athlete through formal hearing. The appeals Committee will consist of the Resort General Manager, Alpine Program Director, one coach, one board member, two parents, and one U19/21 athlete.

I have read, understand and agree to abide by this Discipline Policy:

Athlete: _____

Parent or Legal Guardian: (Print)_____ (Signature)_____ Date_____

Fully completed forms along with payment and volunteer deposit checks are due on or before October 31, 2016 to avoid late fees. Partial or incomplete forms will be returned. Registration will not be considered complete until all forms are completed and signed and checks are received.

Registration Checklist:

	Registration Form completed and signed each line
	Reviewed policies with my athlete
	Included registration fee check payable to “Ragged Mountain Resort”
	Included volunteer commitment deposit check payable to “RMST, Inc.”
	Purchased my athlete’s season pass
	Joined/renewed USSA and NHARA (for U10/12/14/16/19 groups) by Oct. 15, 2016
	Plan to attend the Ski Team Kickoff info meeting November 19, 2016

Fully Completed Application Forms and checks made payable to **Ragged Mountain Resort** can be mailed to:

Ragged Mountain Resort
Attn: RMST Registration
620 Ragged Mountain Road
Danbury, NH 03230